



KHACHODLING

RENOWNED MEDITATION TEACHER

KHANDRO THIRINLAY CHODON

2019 EVENTS

SYDNEY AND BURRILL LAKE, NSW

Khandro Thrinlay Chodon, also known to her students as Khandro Rinpoche, is a lay female Buddhist practitioner and teacher, born into a family of great Himalayan yogis. Khandro Rinpoche began her spiritual training as a small child and has studied both Eastern and Western approaches to spiritual psychology. She is devoted to bringing the wisdom of her ancient tradition alive in our modern world. Khandro Rinpoche presents profound teachings in an accessible way and speaks with humanity, clarity and joy as she assists you to tap into the deeper meaning of life.

SYDNEY, 29 March – 20 April, 2019

SUNRISE MEDITATION

Friday, 29 March, 5, 12 and 19 April
Nth Curl Curl Headland
Contact: yukisav@bigpond.com

PUBLIC TALK – Sacred Feminine in Action

Saturday, 30 March, 5pm \$20
Buddhist Library, 90 Church Street, Camperdown

Khandro Rinpoche is the embodiment of the sacred feminine and her life, spiritual vision and projects are a living example of how to manifest the feminine in action.

MINDBODYSPIRIT FESTIVAL

Sunday, 7 April, 2019/ Free Entry
International Convention Centre, Darling Harbour, Sydney
mbsfestival.com.au
Seminar – The Sacred Feminine, 2pm
Main Stage Event – Sound Healing with Khandro Rinpoche and Sey Jigme, 4pm

SHARING AND CARING WITH FOOD - HIMALAYAN DINNER

Thursday, 18 April, 6pm
Terrey Hills
Enjoy preparing and sharing food with Khandro Rinpoche and her brother Sey Jigme, authentic Himalayan spiritual Masters with a long family tradition where cooking and sharing food is a spiritual practice.

HIMALAYAN AFTERNOON TEA

Saturday, 20 April, 2pm
Terrey Hills
Learn from Sey Jigme the art of making Himalayan Chai using a special masala (spice) mix and enjoy afternoon tea in a tranquil bush setting.
Contact: Jen Fox at sydney@khachodling.org
or call +61 400865118

Bookings for all events via Eventbrite – find out more at www.khachodling.org

BURRILL LAKE, 30 May – 2 June, 2019

PUBLIC TALK – SUSTAINABILITY FROM THE GROUND UP – A BUDDHIST PERSPECTIVE

Thursday, 30 May, 7pm \$40/\$30 concession
Burrill Lake Community Centre
Contact: Helen Gordon

GLIMPSES OF MAHAMUDRA - MEDITATION RETREAT AND MILAREPA EMPOWERMENT

Friday, 31 May, 9am – Sunday, 2 June, 1pm
\$300 includes lunch/dinner (limited places available)
Sunday, 2 June, 2.30pm - Children's Session
Burrill Lake

For all reservations and queries contact: Helen Gordon
menlachinesmedicine@gmail.com / + 61 422176466

For sacred wisdom, travel and products that support the Himalayan Culture and Education Fund –
visit: sacredtreasures.com.au

For more information visit khachodling.org



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CHODON**



UNCOMMON JOURNEYS

In 2019 and 2020, with Khandro Thrinlay Chodon

Travelling with depth, meaning and open awareness of our own lives is a favourite activity of Khandro Rinpoche. Be part of this unique type of travel – also known as pilgrimage, by joining one of these meaningful journeys and you are assured a fascinating inward journey of the heart!

KIMBERLEY PILGRIMAGE

16 – 31, JUNE 2019



OPEN HEART, OPEN ROAD – EXPLORE THE BUDDHIST HIMALAYAS BY MOTORBIKE OR CAR



JULY 2019 (19 DAYS, 18 NIGHTS) EX DELHI, INDIA

Join a unique outer and inner adventure! You may choose the renowned Royal Enfield motorbike to be your “modern day horse” or travel “passenger with a view” style in a 4WD car to Manali, Lahaul, Spiti and overland to Ladakh. Jigme Dorje, brother of Khandro Rinpoche, will be your local and experienced guide. Together he and the magical, mystical landscape of the Himalayas will provide you with a journey you will never forget.

AYURVEDIC TREATMENT & REJUVENATION RETREAT



KERALA, SOUTH INDIA

3RD – 21ST JANUARY 2020 (19 DAYS/18 NIGHTS)

EX KOCHI, INDIA

A HEALING JOURNEY TO COMPLETELY REJUVENATE YOUR BODY & SOUL

Join Khandro Rinpoche in South India for a very special ayurvedic experience in Kerala, the home of this ancient tradition. We are connected with the most authentic doctors who will provide a full 14-day treatment plan including a specialised diet, while staying at this famous resort accommodation on the water at Kerala. The retreat includes full diagnosis, treatments twice daily, meals,

meditation and yoga as well as interview time with Khandro Rinpoche.

At the end of the retreat we will spend two nights on a houseboat allowing you to relax in the most beautiful waterways around Alleppey, Kerala. The final day is spent sightseeing the famous Portuguese influenced port of Fort Cochin. This retreat pilgrimage is a nourishing, cleansing and refreshing start to the year and will be coupled with plenty of stillness, relaxation and practice time.

Places fill up fast so please book early!

For more information and registration, email jane@khachodling.org or contact +61 402368172 or +61 7 43254438
Khandro Rinpoche leads an international humanitarian organisation called Khachodling, and travels the world imparting deep practical wisdom, which we can use in our everyday lives.

For more information visit khachodling.org