

Mindfully Embracing Transitions of Loss

A conversation and open discussion in Hobart, for those interested in understanding the process of living and dying consciously.

Presented by spiritual teacher **Khandro Thrinlay Chodon MA** (East-West Psychology) from CIIS, USA
Suitable for Palliative Care Workers, Medical Consultants, Support Workers, Volunteers, Carers, Families

Tuesday, 31 March, 11.00 - 3.30pm Private Location

Includes: Light lunch

Free presentation offered by Khachodling Tasmania with TAHPC

Bookings are essential, Limited seating Please RSVP by March 20.
Khachodling.transitions@gmail.com



Khandro Thrinlay Chodon is a recognised teacher of the ancient tradition of Vajrayana Buddhism through lineage and in family. Trained in both Eastern and Western psychology she teaches throughout the world, on the importance of being prepared for the last stages of life. Her in-depth understanding of the Western mind combined with her knowledge of Eastern teachings provides the audience with a profound and practical process for learning about death and dying. Khandro Rinpoche offers support and spiritual advice to those who request this traditional knowledge and understanding whilst embracing transitions of loss. These teachings are also directly reflective from her own personal experiences, having been widowed in 2003 and being present whilst her parents were dying as a young child. She is renowned for her capacity to engage in complex concerns in a heartfelt and accessible manner with all those she comes in contact with. She looks forward to engaging with people from Hobart who wish to explore the gifts of embracing transitions of loss.