



KHACHODLING

RENOWNED MEDITATION TEACHER

# KHANDRO THRINLAY CHODON

2018 AUSTRALIAN TEACHING TOUR

FOSTER, Victoria 22nd – 26th October 2018

Khandro Thrinlay Chodon, also known to her students as Khandro Rinpoche, is a lay female Buddhist practitioner and teacher, born into a family of great Himalayan yogis. Khandro Rinpoche began her spiritual training as a small child and has studied both Eastern and Western approaches to spiritual psychology. She is devoted to bringing the wisdom of her ancient tradition alive in our modern world. Khandro Rinpoche presents profound teachings in an accessible way and speaks with humanity, clarity and joy as she assists you to tap into the deeper meaning of life.

## **THE JOURNEY INWARD: Teaching & Practice Evening**

**Monday, 22nd October, 7pm**  
**7 Hall Rd, Foster, Victoria / \$20**

An evening of meditation, teaching and introduction to the Buddhist path with Khandro Rinpoche.

## **MEDITATION & YOGA RETREAT - MILAREPA EMPOWERMENT**

**Wednesday 24th-Friday 26th October**  
**7 Hall Rd, Foster, Victoria / \$400**

Milarepa, the most beloved yogi and poet of Tibet from the 11th century, is one of the forefathers of the Shakya Shri lineage. The teaching will focus on the Guru Yoga of Milarepa - an essential practice that becomes the basis of Mahamudra view. Khandro Rinpoche herself received this empowerment from her father Apho Rinpoche who is said to be the manifestation of Milarepa. This is a rare opportunity to receive empowerment and teachings from a highly respected female Vajrayana teacher and authentic lineage holder.

## **HEALING SESSIONS/APPOINTMENTS WITH KHANDRO RINPOCHE**

A limited number of private healing appointments or house blessings may be arranged over this period. Bookings are essential.

## OTHER EVENTS NEARBY

**Events also at MELBOURNE, 27th - 29th October 2018.**  
See [khachodling.org/teachings.html](http://khachodling.org/teachings.html) for full details.

## UPCOMING PILGRIMAGES

Join us on our next sacred adventure and experience travel with depth and meaning. Rinpoche reveals the inner attitude that turns a holiday into pilgrimage - a spiritual journey.

## **AYURVEDIC TREATMENT & REJUVENATION RETREAT – KERALA, STH INDIA**

**3rd - 21st January 2019 (19 days/18 nights)**  
**ex Kochi, India**

Visit [sacredtreasures.com.au/blogs/sacred-travel](http://sacredtreasures.com.au/blogs/sacred-travel) for details.

## **BHUTAN – JOURNEY INTO THE HEART OF THE DRAGON WEST AND CENTRAL BHUTAN**

**10th February - 19th February 2019 (10 days/9 nights)**  
**ex Paro, Bhutan**

Visit [sacredtreasures.com.au/blogs/sacred-travel](http://sacredtreasures.com.au/blogs/sacred-travel) for details.

For reservations and costs contact: Trudy Haines: [thaines@sgsc.vic.edu.au](mailto:thaines@sgsc.vic.edu.au) / +61 408 771 188

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Find out more at [khachodling.org](http://khachodling.org) and [sacredtreasures.com.au](http://sacredtreasures.com.au)

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